

SANDBAR GRILLE



AT SHOALS CLUB

Welcome to the Sandbar Grille at the Shoals Club!

WE'RE EXCITED TO SHARE OUR "CALIFORNIA FRESH" MENU CONCEPT THAT PRESENTS CARIBBEAN, ASIAN, SOUTHWEST AND LOCAL CAPE FEAR INFLUENCES. OUR SEASONAL PREPARATIONS FOCUS ON LIGHT, FRESH INGREDIENTS THAT OFFER A REFRESHING ALTERNATIVE TO THE USUAL POOLSIDE FARE. ALONG WITH SOME OLD FAVORITES, WE HOPE YOU'LL DISCOVER DELICIOUS NEW FLAVORS WITHIN THESE PAGES.

Enjoy your time relaxing poolside at the Shoals Club!

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FIRSTS

CHIPS AND SALSA | \$6

peach pico, guacamole and corn chips

HUSHPUPIES | \$8

dozen buttermilk hushpuppies with smoked jalapeno aioli

CRUDITÉ V/GF | \$8

baby carrots, grape tomatoes, broccoli, mushrooms,
roasted red pepper hummus, avocado ranch

BUFFALO SHRIMP | \$12

beer battered shrimp with zesty aioli

PIZZA!

Eight Inch, Thick Crust

CHEESE | \$10

PEPPERONI | \$12

VEGGIE | \$12

mushroom, onion, pepper, tomato

THE WORKS | \$14

pepperoni, mushroom, onion, pepper, tomato

Summer 2019

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SALADS

CHICKEN CAPRESE GF | \$16

romaine, grilled chicken, mozzarella, tomatoes, avocado, basil, white balsamic & shallot vinaigrette

BEEF SALAD | \$16

mixed greens, Thai beef, roasted red peppers, cabbage, quinoa, carrot, fried wontons, ginger peanut dressing

WATERMELON SALAD V/GF | \$14

spinach, watermelon, feta, pistachio, cucumber, red onion, mint & lime vinaigrette

MEXICAN COBB SALAD GF | \$16

romaine, grilled shrimp, cucumber, egg, red onion, tomato, corn, cotija, cilantro, chipotle lime dressing

ARUGULA SALAD GF | \$14

baby greens, grilled peaches, gruyere, candied pecans, bacon vinaigrette

BASKETS

CHICKEN TENDER BASKET | \$14

fries, choice of sauce: buffalo, BBQ, honey mustard or ranch

SHRIMP BASKET | \$16

fries, choice of cocktail or tartar sauce

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SPECIALTY SANDWICHES

*Served with your choice of fries, pasta salad or fruit
and a half kosher dill*

***SBG BURGER** | \$16

8-oz beef burger, havarti, zesty aioli, lettuce, tomato,
brioche bun

CHICKEN SALAD SANDWICH | \$12

chicken and bacon salad, kimchi, avocado, lettuce,
sesame bun

PORK BELLY BURGER | \$14

pork belly patty, smoked pulled pork, Guinness apple slaw,
honey mustard, brioche bun

***AHI TUNA SANDWICH** | \$16

4-oz tuna filet, ginger cabbage slaw, smoked jalapeno aioli,
sesame bun

SHRIMP TACOS | \$14

fried shrimp, peach pico, cilantro-lime slaw, coconut,
chipotle crema, flour tortillas

VEGGIE BURGER V | \$12

quinoa and lentil patty, curry aioli, cucumber relish,
lettuce, tomato, brioche bun

*ITEMS COOKED TO ORDER OR MAY CONTAIN RAW OR UNDERCOOKED
FOODS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY,
SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-
BORNE ILLNESS, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.

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WRAPS AND MELTS

*Served with your choice of fries, pasta salad or fruit
and a half kosher dill*

TURKEY CLUB WRAP | \$12

roasted turkey, honey ham, bacon, lettuce, tomato, havarti,
dijonnaise, whole wheat tortilla

B.L.T.C. | \$12

smoked bacon, lettuce, tomato, gruyere, avocado ranch,
on sour dough

SIDES

BASKET OF FRIES | \$6

GREEK PASTA SALAD | \$4

SEASONAL FRUIT SALAD | \$5

SMALL GARDEN SALAD | \$6

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JUNIOR MENU

(ages 12 and under only, please)

*All junior menu options served with fries or orange wedges
and include a beverage*

CHICKEN TENDERS | \$10

¼ POUNDER WITH CHEESE | \$10

GRILLED CHEESE | \$10
sour dough & havarti

BATTERED SHRIMP | \$10

SMOOTHIES

STRAWBERRY, BANANA, PEACH OR MANGO | \$6

SWEET TREATS

BEN & JERRY'S CUPS | \$4

HAAGEN DAZ ICE CREAM BARS | \$6
assorted flavors

SWEET STREET MANIFESTO TREATS

handcrafted and additive free using Non-GMO, sustainable
ingredients, cage free eggs, and hormone free milk

Chewy Marshmallow Treat (gluten free) | \$2



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SOFT BEVERAGES

COCA COLA, DIET COKE, SPRITE, ICED TEA | \$3
free refills

FRESH LEMONADE & STRAWBERRY LEMONADE | \$3.50

FIJI WATER

1 L | \$5
500 ml | \$3
330 ml | \$2

RED BULL

| \$4
Regular, Sugar Free, Cranberry, Orange and Tropical

BEER AND WINE

STANDARD

| \$4
Budweiser, Bud Light, Miller Lite, Coors Light,
Michelob Ultra, Yuengling Lager

PREMIUM

| \$5
Blue Moon, Corona, Dale's Pale Ale,
Stella Artois, Angry Orchard Cider,
Truly Spiked Seltzer

DRAFT

| Small \$6.50 | Tall \$11
Corona Light, Samuel Adams Seasonal, Sweetwater 420,
Sweetwater Goin' Coastal

WINE

| \$10 (375 ml can)
Chardonnay, Red Blend, Rosé Bubbles, Pinot Noir

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SIGNATURE DRINKS

GINGER SNAP | \$14

Bacardi Silver, Ginger Beer, Dark Rum Float

SUMMER BREEZE | \$10

Malibu, Triple Sec and Sprite

CUCUMBER MINT RICKEY | \$14

Smirnoff, Cointreau, Mint, Cucumber, Lime and Club Soda

FUZZY BEAM | \$12

Jim Beam, Peach Schnapps and Orange Juice

BLUE SHOALS | \$12

Smirnoff, Blue Curacao, Sour Mix and Pineapple Juice

HURRICANE | \$14

Bacardi Silver, Triple Sec, Pineapple Juice with a Midori Float

MAI TIME | \$12

Goslings Dark Rum, Peach Schnapps, Orange and Pineapple Juice

PINA MARGARITA | \$12

Jose Cuervo Silver, Cointreau, Lime and Pineapple Juice

SHOALS SUNSET | \$12

Stoli Ohranj, Strawberry and Mango with a splash of Sprite

CHERRY LIME MOJITO | \$12

Rum, Simple Syrup, Mint, Cherries, Lime, Club Soda

ELECTRIC LEMONADE | \$12

Vodka, Lemonade, Blue Curacao, Sprite

FROZENS

DAIQUIRIS | \$12

Strawberry, Mango, Banana, Peach and Pina Colada

MIAMI VICE | \$12

Rum blended with Strawberry and Pina Colada

SEXY TIGER | \$14

Captain Morgan Spiced Rum, Pina Colada with Kahlua and Rumchata

BALD HEAD BLASTER | \$14

Captain Morgan Spiced Rum, Banana with Midori and Crème De Cocoa

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