

SHOALS CLUB

YOGA

EVERY MONDAY TO FRIDAY

6/18—8/31

8:45am –9:45am

Rain or Shine



Yoga instructor, Dolores O'Callaghan

offers morning yoga classes to

Full & Temporary Shoals Club members

GUEST MUST PRESENT

CLUB CARDS AT FRONT GATE

Classes are held on Shoals Club

Presentation Deck, over looking East Beach

\$15.00 per class, \$60.00 per week

Mats are provided

Dolores O'Callaghan

203-803-9069